

NASW-PA 2020 Annual Aging Symposium

Friday, May 15, 2020

10:00 AM 3:30PM

Each of the four sessions can be registered for individually based on your interest and availability of time. We recommend registering for all four sessions if possible, as all four sessions were designed to complement each other.

\$10/ workshop for members \$20/ workshop for non-members
\$20 /all 4 workshops for BSW students

Includes a certificate for each session you participate in (up to 4 CEUs). Register for one or more workshops via the registration link below.

<https://www.nasw-pa.org/events/EventDetails.aspx?id=1346180&group=>

Symposium Schedule

Workshop #1: 10:00AM to 11:00AM Maria Weidinger, MSW, LSW	Identifying & Managing Behaviors Associated with Dementia
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Break: 11:00AM to 11:30AM

Workshop #2: 11:30AM to 12:30PM David Hage, MSW, LCSW, C-ASWCM	Caregiver Quality of Life: Challenges & Opportunities
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Break: 12:30PM to 1:00PM

Workshop # 3: 1:00- 2:00 <i>Nicholas Lutz, JD</i>	Elder Law: Estate Planning & Advanced Care Planning
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Break: 2:00PM to 2:30PM

Workshop #4: 2:30 to 3:30 PM Maya Lichtenstein, MD	Understanding the Dementia Diagnosis & Care Options
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Presentation Descriptions & Learning Objectives

Presentation #1

Identifying & Managing Behaviors Associated with Dementia – 1 CEU

Maria Weidinger, MSW, LSW

As the population Ages, social workers will be challenged by older adults and families coping with dementia. This is not isolated to those working with the older population, but every generation will be confronted with the concerns regarding how to manage the challenging behaviors associated with dementia care.	1. ID troublesome behaviors associated with 3 broad stages of dementia 2. Review possible behavior triggers and approaches to managing difficult behaviors in stressful environments 3. Examine and discuss approaches to managing challenging behaviors related to activities of Daily Living (ADL)
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Presentation #2

Caregiver Quality of Life (QOL): Challenges & Opportunities – 1 CEU

David Hage, MSW, LCSW, ACSW, C-ASWCM

With each numerical year of age, the risk for dependence increases (Milan-Calenti, et al., 2010). With these increased support needs, caregivers become more vulnerable to not addressing their own needs, thus facing many associated challenges to their own quality of life(QOL) (Colby & Ortman, 2015, DHHS, 2018). This presentation will review common threats to caregiver QOL and opportunities for social workers to assist clients through these challenges successfully.	1. Define Quality of Life (QOL) 2. Conceptualize QOL as both a public health and caregiver challenges 3. Describe the impact of caregiving on QOL 4. Identify several strategies to enhance caregiver QOL
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Presentation #3

Elder Law: Estate & Advanced Planning – 1 CEU

Nicholas Lutz, JD

This presentation will explore legal issues associated with navigating the aging process including estate planning and long-term care planning. Trusts, Wills, Financial & Healthcare Powers of Attorney and advance directives/living wills will be discussed. Common long-term care planning/Medicaid planning questions will be addressed. These topics will be related to the role of social workers helping clients address these needs and in making referrals to appropriate legal professionals where appropriate.	1. Present and discuss important themes in elder law practice 2. Explain important, basic estate planning principles 3. Describe strategies for long-term care planning 4. Identify resources for social workers to use as resources when helping their aging clients and families
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Presentation #4

Causes of Dementia, How it's Diagnosed & Caring for People with Dementia – 1 CEU

Maya Lichtenstein, MD

This presentation will focus on getting a better understanding of the different causes and manifestations of the diseases that cause dementia. Emphasis will be placed on how we can best treat the person with dementia and their caregivers. Social work roles in the care of the person with dementia and their caregivers will be discussed. The presentation will end with a Q & A session.	1. Describe causes of dementia 2. Differentiate between types of dementia 3. Review factors considered as part of the dementia work-up/diagnosis 4. Describe strategies for social workers in the care of people with dementia and their caregivers
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