

ACEs: Adverse Childhood Experiences

Traumas: Abuse, Neglect,
Household Dysfunction

1 in 8 adults in Pennsylvania
report 4 or more ACEs



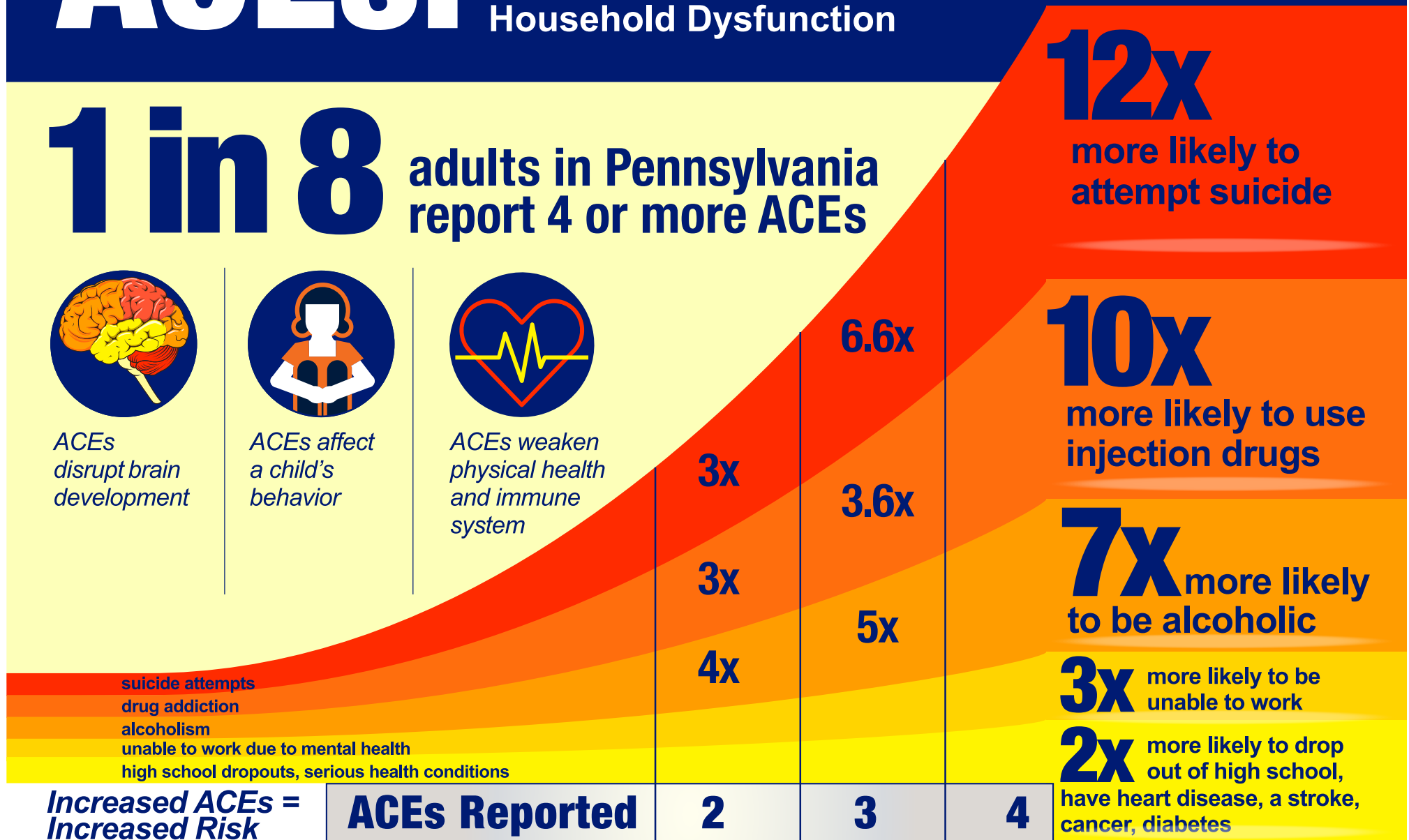
ACEs
disrupt brain
development



ACEs affect
a child's
behavior



ACEs weaken
physical health
and immune
system



How will you respond?

ACEs happen everywhere, to more children, and in more places than you'd think! And, it costs more than you can imagine!

Adverse Childhood Experiences include 10 items,
basically represented by household, community,
and personal traumatic events*:

ABUSE	NEGLECT	HOUSEHOLD DYSFUNCTION	
 Physical	 Physical	 Mental Illness	 Incarcerated Relative
 Emotional	 Emotional	 Mother treated violently	 Substance Abuse
 Sexual		 Divorce	

*see Adverse Childhood Experience (ACE) Questionnaire

The Cost of ACEs in the US Annually

\$ 22.4B
Health Care

\$ 4.2B
Special Education

\$ 3.5B
Criminal Justice

The Economic Burden of Child Maltreatment in the United States, 2015.
CDC economist, Cora Peterson, et. al.
<https://doi.org/10.1016/j.chiabu.2018.09.018>

Reduce the cost of ACEs: *Build Resilience!*



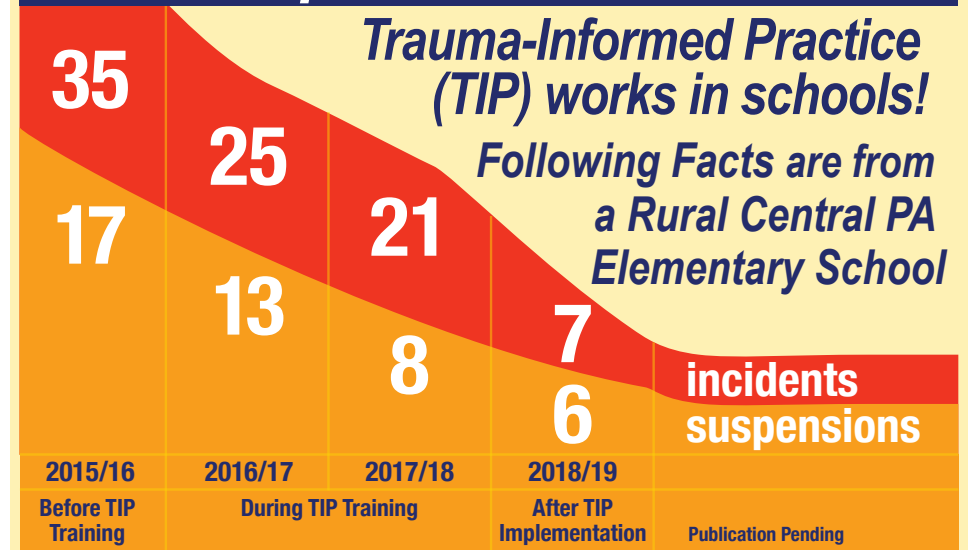
The good news is

resilience creates the ability to be healthy and hopeful despite experiencing stressful events (ACEs). When caregivers provide physically and emotionally safe environments for children and teach them how to be resilient, the negative effects of ACEs are reduced.

An Example of Success

Trauma-Informed Practice (TIP) works in schools!

Following Facts are from a Rural Central PA Elementary School





ABOUT CHILD TRAUMA FOUNDATION

The About Child Trauma Foundation is one of Pennsylvania's best resources for PDE approved ACT 48 trauma informed courses, helping educators throughout the state retain their certification, while understanding the learning needs of students, especially those children and teens impacted by trauma. Courses are presented by experts in fields of trauma and education. We recognize the diversity within each classroom, school and school district and are eager to work with you to develop a training program that meets your district's needs.

Course Offering

Introduction to Emotional Trauma

Emotional Trauma: what is it, how does it happen and how does it affect children and teens.

Complex Trauma, Part 1

Neurobiology of Trauma: how emotional trauma negatively affects the developing brain.

Complex Trauma, Part 2

Identifying effects of complex trauma on a student's behavior, academic and social learning.

Trauma in the Classroom

Trauma in the classroom: what it looks like, skills to address it.

Mindfulness, Part 1

A simple, highly productive way to care for those of us who care for so many others.

Mindfulness, Part 2

Guiding Mindfulness in the Classroom. The single most simple and effective, productive tool for improving traumatized brains and behavior.

Trauma and Sensory Processing Disorder

Understanding trauma sensory processing disorder and the high co-occurrence rate with complex trauma; its significant impact on student performance and behavior, and the many ways to address it in the classroom.

Interactional Workshop

Advanced skill building for faculty to address trauma in the classroom and educational environment; follow-up as needed.

The About Child Trauma Foundation has a deep and abiding commitment to follow up support, mentoring and consultation after our keynote presentations and workshops and encourages our partners to contact us for more details.

About Child Trauma Foundation

929 East Main Street, Suite
248, Mount Joy, PA 17552
717-928-4681
www.aboutchildtrauma.org

Content and graphics in this handout are the result of a collaboration between About Child Trauma Foundation, "Let's Talk Lancaster," and Kati Gegg Graphic Design.



katigegg@gmail.com
behance.net/katigegg

