

Holcomb Mobile Psychiatric Rehabilitation

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Who We Are

Mobile Psych Rehab is a person-focused service that provides one-to one skills training and supportive assistance with life goals, as well as developing resources and resource awareness. The service is for those 18+, living in Berks County with a mental health diagnosis that impacts functioning in the community, and active Medical Assistance.

Holcomb Behavioral Health System is a behavioral health network meeting community needs for treatment, rehabilitation, and education in locations throughout Pennsylvania, Delaware, and New Jersey.

Holcomb Behavioral Health Systems has earned The Joint Commission's Gold Seal Approval.

Mobile Psych Rehab works in four distinct domains:

- Living finding or maintaining a home, budgeting, shopping, practicing coping skills
- Learning going to school, exploring hobbies and passions
- Working preparing for work or volunteering
- Socializing communicating with others, developing friendships, boundary setting

Services are provided by an experienced staff who:

- Provide strength-based assessments
- Incorporate safety planning and positive supports
- Use Motivational Interviewing to foster change
- Provide coaching in the person's home or community setting
- Support recovery-oriented principles by instilling hope and social connection